



## Breakfast

Until 11.30am Monday to Friday, 1.00pm Saturday and Sunday

### Cooked to Order

**2 Free Range Eggs:**

Fried  
Scrambled  
Poached

**Favourites:**

2 Sausages	Baked Beans
2 Bacon Back Rashers	Fried Onions
Black & White Pudding	Fried Mushrooms
Hick's Ham	Fried Tomato
Baby Leaf Spinach	Fresh Avocado

**Breads:  
(2 Slices)**

Brown Toast  
Granary Toast  
White Toast  
Kennedy's Brown Bread  
Kennedy's Gluten Free Oat & Millet Bread\*

**Size:**

<b>2 Eggs, 1 Favourite &amp; Toast</b>	<b>€6.25</b>
<b>2 Eggs, 2 Favourites &amp; Toast</b>	<b>€7.75</b>
<b>2 Eggs, 3 Favourites &amp; Toast</b>	<b>€8.95</b>

Need that little bit Extra?! €1.50 (veg)/€1.90 (meat portion – 2 Pieces)

**Toast:**

Artisan Toast on it's Own w/Butter & Jam or Marmalade €2.30

**Sandwiches:**

Choose your favourite fillings...Breakfast Soft Baguette or Sandwich  
Don't forget to tell us if you'd like ketchup, brown sauce, mustard, relish!

1 Filling	€4.75
2 Filling	€5.85
3 Filling	€6.75

### Porridge, Muesli & Granola

Organic Porridge with Toasted Almonds, Banana & Maple Syrup	€4.50
Sugar Free Luxury Fruit & Nut Muesli	€3.95
With Probiotic Natural Yoghurt	€4.95
Hazlenut Malted Granola with Fresh Strawberries with Yoghurt	€5.50
Portion of Probiotic Natural Yoghurt	€1.50

### Children's Breakfast

Eggs & Toast	€4.60
Sausage & Toast	€4.60
Bacon & Toast	€4.60

Half Portions of Brunch Specials Available too...

**At the weekends ask your waiter about our brunch specials!**

\*Our Gluten Free Bread is made with Gluten Free Oats, some coeliacs may be sensitive to these oats. If you need further info, please speak to the manager  
\*\*Our goal is to provide you with great food in a friendly and welcoming atmosphere; we really hope you enjoy your dining experience – feedback welcome!



## SCONES, SWEET TREATS & CAKES

Homemade Scones served with Butter & Jam	€2.50
Fancy some cream too? (extra €0.50)	
Fruit	
Raspberry & Coconut	
Pear & Almond	
Gluten Free Lemon & Blueberry Bread*	€3.00
Breakfast Muffins	€2.50
Fruit Muffin	
Chocolate Chip	

**DESSERTS** – See what our pastry chef whipped up for today...have a look at the delightful display in the cake fridge or take it easy and ask your waiter to tell you about what's tempting!

## COFFEES & TEAS

**Our Coffee is ORGANIC, FAIRTRADE & RAINFOREST ALLIANCE Certified**

Espresso (Single)	€1.50
Americano	€2.50
Flat White	€3.00
Cappuccino	€2.80/€3.00
Latte	€2.80/€3.00
Mocha	€2.80/€3.00
Soya Cap/Latte/Mocha	€3.10/€3.40
Almond Milk Cap/Latte/Mocha	€3.20/€3.40
Coconut Milk Cap/Latte/Mocha	€3.20/€3.40

White Coffee	€2.50
Hot Chocolate	€2.80
Tea	€2.00

**Galway Blended ORGANIC Loose Leaf**

<b>Tea Infusions</b>	€3.00
Organic Gunpowder Green Tea	
Organic Peppermint Delight Digest	
Organic Assam Decaf Breakfast	
Organic Rooibos Cacao Chai	
Organic Berry Bliss Fruit	
Organic Premium Earl Grey	

## COLD DRINKS

Freshly Squeezed Orange Juice	€3.00	Pomegranate & Raspberry Pressé	€2.95
Cornucopia Cold Press Veg Juice	€3.95	Organic Elderflower Pressé	€2.95
Apple Juice	€2.95	Pink/Cloudy Lemonade	€2.95
Fentiman's Ginger Beer	€3.00	Ice Tea	€3.00
Irish Fruit Smoothies	€2.85	Child's Smoothie Pouch	€1.40
San Pelligrino Orange/Lemon	€2.25	CocaCola/Diet Coke/Sprite	€2.25

## Where your food is from:

- ♥ All of our eggs are free range, that's why they're lovely and yellow. We get them from Mrs. O'Reilly's farm in Co Cavan.
  - ♥ Our butchers O'Mahoney's from Malahide provide the top quality Irish meats we use.
  - ♥ Black & White pudding is none other than Clonakilty's finest.
  - ♥ Every day we bake our Kennedy's Brown Bread, Scones, Muffins and Gluten Free here in the café. Our toast bread is handmade each day at the artisan Bretzel Bakery. Our coffee & herbal teas are organic.
- \*\*Allergens Notice\*\*:** Details of food allergens used in the preparation of our food can be viewed in a separate menu kept at the counter. Before placing an order, please inform us if you or a person in your party has a food allergy. Thank you.

\*Our Gluten Free Products are made with the highest hygiene and sanitising procedures employed however they are made in our kitchen where products containing gluten are handled