



Breakfast

Until 11.30am Monday - Friday, 1.00pm Saturday & Sunday

Pancakes & Brunch Special

Avocado Special	Smashed Avocado, Harissa, Poached Eggs with crumbled Goat's Cheese & Honey Drizzle served on toasted Artisan Sourdough E, G, D	10.95
Kennedy's Pancakes	Buttermilk Pancakes served with	
	- Bacon & Maple Syrup E, G, D	10.95
	- Blackberry Compote, Greek Yogurt, Toasted Almonds & Honey E, G, D, N	9.95
	- Nutella (we won't tell ;) E, G, D, N	9.95
	Vegan Banana & Almond Milk Wholemeal Pancakes served with Fresh Blueberries, Vegan Yogurt & Maple Syrup G, N, S	9.95

Choose your Favourite, Create Your Own

2 Free Range Eggs	Poached/Fried/Scrambled											
Favourites	<table border="0"> <tr> <td>2 Sausages G, M, SD, S</td> <td>Baked Beans</td> </tr> <tr> <td>2 Bacon Back Rashers</td> <td>Fried Onions</td> </tr> <tr> <td>Black & White Pudding G</td> <td>Fried Mushrooms</td> </tr> <tr> <td>Kennedy's Ham</td> <td>Fried Tomato</td> </tr> <tr> <td>Baby Leaf Spinach</td> <td>Fresh Avocado</td> </tr> </table>	2 Sausages G, M, SD, S	Baked Beans	2 Bacon Back Rashers	Fried Onions	Black & White Pudding G	Fried Mushrooms	Kennedy's Ham	Fried Tomato	Baby Leaf Spinach	Fresh Avocado	
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2 Bacon Back Rashers	Fried Onions											
Black & White Pudding G	Fried Mushrooms											
Kennedy's Ham	Fried Tomato											
Baby Leaf Spinach	Fresh Avocado											
Breads (2 Slices)	Brown/Granary/Sourdough Toast G, SS Kennedy's Brown Bread G, D Kennedy's Gluten Free Oat & Millet Bread* D, E											
Size:	2 Eggs, 1 Favourite & Toast	6.50										
	2 Eggs, 2 Favourites & Toast	8.25										
	2 Eggs, 3 Favourites & Toast	9.95										
	Need that little bit Extra?! €1.75 (veg)/€2 (meat portion – 2 pieces)											

Organic Porridge & Granola

Organic Porridge with Toasted Almonds, Banana & Maple Syrup G, N, D	4.95
Hazlenut Malted Granola w/Rhubarb Compote, Fresh Mint, Toasted Seeds & Greek Yogurt G, D, N, SD	5.95
Portion of Greek Yogurt & Seasonal Mixed Fruit D	5.00

Breakfast for the Little Ones

Eggs & Toast G, S, SS	4.95
Sausage or Bacon & Toast G, M, SD, S, SS	4.95
Buttermilk or Vegan Pancakes G, D, N	5.50

*Our Gluten Free Bread is made with Gluten Free Oats, some coeliacs may be sensitive to these oats. If you need further info, please speak to the Manager

**Our goal is to provide you with great food in a friendly & welcoming atmosphere; we really hope you enjoy your dining experience – feedback welcome!
 ALLERGENS: C-CELERY, G-GLUTEN, S-SOYA, E-EGG, F-FISH, L-LUPIN, D-MILK DAIRY, SD-SULPHUR DIOXIDE, M-MUSTARD, N-NUTS, P-PEANUTS, SS-SESAME SEED, CR-CRUSTACEANS, ML-MOLLUSC. **Please note: nuts are used in our kitchen & deli. Please inform your server if a member of your party has an allergy.**



Scones, Sweet Treats & Cakes

Fruit Scone with Butter & Jam G, D, E, SD	2.50
Raspberry & Coconut Scone with Butter & Jam G, D, E, N	
Pear & Almond Scone with Butter & Jam G, D, E, N	
Fancy some cream too? (extra €0.50) D	
Gluten Free Fruit Loaf * D, E, N, SD	3.00
Homemade Chocolate Chip Muffin G, D, E	2.80
Homemade Fruit Muffin G, D, E, N – Ask your Server :)	2.80

Desserts

Baked by our Pastry Chef....have a look at the sweet display in the cake fridge or ask your waiter to tell you about what's tempting!

Coffee & Teas

Our Coffee is

ORGANIC &

RAINFOREST

ALLIANCE Certified

Espresso	1.50	White Coffee D	2.80
Americano	2.60	Hot Chocolate D	3.00
Flat White D	3.20	Tea	2.00
Cappuccino D	3/3.30	Organic Gunpowder Green Tea	3.00
Latte D	3/3.30	Organic Peppermint Delight	3.00
Mocha D	3/3.30	Organic Assam Decaf Tea	3.00
Oat Milk Cap/Latte/Flat White	3.3/3.60	Organic Rooibos Cacao Chai	3.00
Almond Milk Cap/Latte/ Flat White N	3.3/3.60	Organic Berry Bliss Fruit	3.00
Coconut Milk Cap/Latte/Flat White N	3.3/3.60	Organic Premium Earl Grey	3.00

Cold Drinks

Freshly Squeezed Orange Juice	3.00	San Pellegrino Orange/Lemon	2.25
Irish Cold Pressed Apple Juice	3.00	Organic Elderflower Pressé	3.00
Irish Pink/Cloudy Lemonade	3.00	Iced Tea	3.00
Fentimans Ginger Beer	3.00	Child's Smoothie Pouch	1.60
Irish Fruit Smoothies	3.00	Coca-Cola/Diet Coke/Sprite	2.25

Where your food is from:

- Our Eggs are Free Range & we only use fresh Irish Creamery Dairy in our baking
- Our Craft Butchers O'Mahony's of Malahide provide our top quality Irish meats
- Black & White pudding is none other than Clonakilty's finest
- Everyday we bake our own Kennedy's Brown Bread, Scones, Muffins and Gluten Free Bread, here in this Café. Our toast bread is handmade each day at Bretzel Bakery.
- Our Coffee is Organic from Imbibe. Organic Herbal Teas are from Solaris, Galway

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